



Course Specification

— (Bachelor)

Course Title: Physical Assessment

Course Code: NUR26223

Program: Bachelor of Nursing Sciences

Department: Nursing

College: Applied Medical Sciences

Institution: University of Bisha

Version: 6

Last Revision Date: 20-8-2023





Table of Contents

A. General information about the course:	3
B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods	4
C. Course Content	4
D. Students Assessment Activities	5
E. Learning Resources and Facilities	5
F. Assessment of Course Quality	5
G. Specification Approval	6





A. General information about the course:

1. Course Identification

1. Credit hours: 4 (2+2)					
2. Course type					
A.	<input type="checkbox"/> University	<input type="checkbox"/> College	<input checked="" type="checkbox"/> Department	<input type="checkbox"/> Track	<input type="checkbox"/> Others
B.	<input checked="" type="checkbox"/> Required		<input type="checkbox"/> Elective		
3. Level/year at which this course is offered: (Level 4- 2nd year)					
4. Course general Description:					
The course covers all aspects of nursing physical assessment of various body systems during health and illness.					
5. Pre-requirements for this course (if any):					
NUR 26222					
6. Co-requirements for this course (if any):					
NA					
7. Course Main Objective(s):					
To provide undergraduate nursing students with knowledge and skills regarding assessment of individual health status during health and illness.					

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	25	27.8%
2	E-learning	5	5.5%
3	Hybrid <ul style="list-style-type: none"> ● Traditional classroom ● E-learning 		
4	Distance learning		
5	Laboratory / clinical training	60	66.7%

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	Lectures	25
2.	Laboratory/Studio	50





3.	Field	
4.	ELearning	5
5.	Self-directed based learning	145
Total		225

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	Knowledge and understanding			
1.1	Identify principles , different physical assessment techniques and tests.	K1	Interactive lectures, Case studies, Pre lecture assignments Group activities	Written test Oral test Electronic quizzes
1.2	Differentiate among different physical assessment findings across different life span stages	K1	Interactive lectures, Case studies. Group activities	Written test Oral test Electronic quizzes
1.3	Differentiate between normal and abnormal physical assessment findings	K1	Interactive lectures, Case studies. Group activities	Written test Oral test Electronic quizzes
2.0	Skills			





Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
2.1	Demonstrate ability to apply physical assessment techniques and tests for different body systems and organs	S2	Case studies. Clinical training, Group activities NCLEX questions	Written test Field work Oral test Practical exams (OSCE) Case scenario
2.2	Interpret different physical assessment findings	S2	Case studies, PBL. Clinical training assignments Group activities NCLEX questions	Written test Field work Oral test Practical exams (OSCE OSPE, and OSVE)
2.3	Developing care plan for patient with abnormal physical assessment finding.	S1	Case studies Clinical training assignments Group activities NCLEX questions	Written test Field work Oral exam Practical exams (OSCE OSPE, and OSVE)
3.0	Values, autonomy, and responsibility			
3.1	Take responsibility for lifelong Learning, reflective practice and professional development	V1	Team based learning Peer evaluation Role paly	Assignment Clinical evaluation Field work
3.2	Engage in effective teamwork, inter-agency and collaborative working with respect of legal and ethical issues.	V2	Team based learning Peer evaluation Role paly	Assignment Clinical evaluation Field work



C. Course Content

No	List of Topics theory	Contact Hours
1.	The Health History (History taking 1)	2
2.	The Health History (History taking 2)	2
3.	Assessment of Eye, Ears, Nose, Mouth, and Throat	2
4.	Assessment of the respiratory system	2
5.	Assessment of Breasts, Axillae, and Abdomen	2
6.	Assessment of the Cardiovascular System 1	2
7.	Assessment of the Cardiovascular System 2	2
8.	Assessment of Peripheral Vascular	2
9.	Assessment of Peripheral Vascular	2
10.	Assessment of Urinary System	2
11.	Assessment of Male and Female Reproductive System	2
12.	Assessment of the musculoskeletal system	2
13.	Assessment of Neurologic System 1	2
14.	Assessment of Neurologic System 2	2
15.	Revision	2
Total		30

No	List of Topics practical	Contact Hours
3.	The Health History (History taking 1)	4
4.	The Health History (History taking 2)	4
3.	Assessment of Eye, Ears, Nose, Mouth, and Throat	4
4.	Assessment of the respiratory system	4
5.	Assessment of Breasts, Axillae, and Abdomen	4
6.	Assessment of the Cardiovascular System 1	4
7.	Assessment of the Cardiovascular System 2	4
8.	Assessment of Peripheral Vascular	4
9.	Assessment of Peripheral Vascular	4
10.	Assessment of Urinary System	4
11.	Assessment of Male and Female Reproductive System	4



12.	Assessment of the musculoskeletal system	4
13.	Assessment of Neurologic System 1	4
14	Assessment of Neurologic System 2	4
15.	Revision	4
Total		60

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30
1.1	Field work -Case study report	12 th	10
1.2	Electronic Quiz	3 rd	10
1.4	E Assignment (individual)	5 th	5
1.5	Oral exam	13 th	5
2	Midterm exam -Theory	7 th -	10
	Midterm exam -Practical		10
3	Final exam -Theory	16 th	30
	Final exam -Practical		20
	Total		100

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Donita D, Amico (2022): Health &Physical Examination in Nursing; 4 th Edition, Pearson.
Supportive References	Carolyn Jarvis (2020): Physical Examination and Health Assessment, 8 th Edition. Bickley, L. & Szilagyi, P. Bates': (2017) Guide to Physical Examination and History Taking (12 th ed.). Philadelphia.
Electronic Materials	Blackboard and Digital library
Other Learning Materials	Blackboard materials – digital library

2. Required Facilities and equipment

Items	Resources
facilities	<ol style="list-style-type: none"> Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.) - Size of class room appropriate - E- learning lab - Clinical training in hospital suitable for student
Technology equipment	<ul style="list-style-type: none"> - Data show - Blackboard - Laptop computer - Computer based simulator - Project system





Items	Resources
Other equipment	- E- books electronic Online US Library

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Students GPA	Direct Indirect Direct
Effectiveness of Students assessment	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Examination committee	Direct / indirect
Quality of learning resources	Program Leaders Peer Reviewer Students Faculty PLOs assessment committee	
The extent to which CLOs have been achieved	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Examination committee Students Results	Direct / Indirect
Other		

G. Specification Approval

COUNCIL /COMMITTEE	DEPARTMENT COUNCIL
REFERENCE NO.	1/44/45
DATE	21-8-2023

